

# Faith through Films

## Sunshine on Leith

Watch the whole film if you can. If you can't here is the link to a film clip



<https://www.youtube.com/watch?v=yuNBPXFocbw>

### Exploring the theme

Sunshine on Leith is a heartfelt and stirring musical that explores love, loss, resilience, and the meaning of home. Following two Scottish soldiers, Davy and Ally, as they return to Edinburgh after serving in Afghanistan, the film captures the emotional complexities of coming back to a life that has changed.

More than just a story of homecoming, Sunshine on Leith delves into the tension of facing the past. Davy and Ally are not only trying to reconnect with loved ones but also with themselves. The film doesn't shy away from the messiness of love or the pain of forgiveness—it acknowledges that healing is not easy, and moving forward takes courage.

At its core, the film is a celebration of relationships and second chances. Through an uplifting soundtrack and deeply emotional storytelling, it reminds us that no matter where life takes us, love and hope can guide us home. The characters struggle with uncertainty in relationships, the weight of past mistakes, and the challenge of adjusting to civilian life. Yet, through the support of family and friends, they find the strength to move forward, proving that home is not just a place—it's the people who love and support us.

### Bible reference

*"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."*  
**Jeremiah 29:11**





## Questions

- What role does resilience play in the story? How do the characters show strength in the face of personal struggles?
- Have you ever faced a moment where you had to start over or rebuild your life? What helped you through it?
- How can hope help you during tough or uncertain times?
- What does home mean to you? Is it a place, a feeling, or the people around you?
- How can we create a sense of belonging for those who feel lost or disconnected?

## Final Reflection

Sunshine on Leith is a touching reminder that love, forgiveness, and hope can bring us back home—wherever that may be. No matter the challenges we face, there is always the possibility of a fresh start. As we navigate life's ups and downs, may we hold onto the belief that love can heal and hope can lead us forward.

## Prayer



*Lord, thank You for the love You have placed in my life. Help me to appreciate my family, friends, and community, and to recognise the true value of home. In life's hardest moments, give me the strength to forgive, and the wisdom to reconcile. Amen.*